

# THE ORDER FOR THE ADMINISTRATION OF THE LORD'S SUPPER

From the Book of Common Prayer 1662

St Philip's Church Hill 8:30am Sunday 3 December 2023 Advent Sunday

#### CHURCH • HILL • St. Philip's ANGLICAN

#### Our Vision.

"...For the earth will be filled with the knowledge of the Glory of God, as the waters cover the sea." ~ *Habakkuk 2:14* 



We Walk Deeper Discipleship Lives filled with the Spirit of Christ

We Love Compelling Community A Church filled with the Love of Christ



#### We Reach

City Gospel Engagement (and beyond) *A City filled with the Gospel of Christ* 

Presence and Property *The Earth filled with the Glory of Christ* 

We Make Room

# A Crescendo Of Hope

26 November	The Highway for our God	lsaiah 40:1-9
3 December	The Arrival of our God	lsaiah 40:9-11
10 December	The Power of our God	lsaiah 40:12-26
17 December	The Care of our God	lsaiah 40:27-31

### IF YOU ARE VISITING TODAY

Welcome to our church. We're glad you're here.

If you are a new or visiting, we especially want to welcome you.

If you would like one of the staff to get in contact with you, please fill in the connect card on our website. www.churchhillanglican.com//contact-us/

If you have a smart phone, you can also scan this QR Code to take you straight there.



Words in bold are said together.

### Please stand when the ministers come in

### Hymn Come Thou Long Expected Jesus

 Come, thou long expected Jesus, Born to set thy people free, From our fears and sins release us, Let us find our rest in thee.

2. Israel's strength and consolation, Hope of all the earth thou art; Dear desire of every nation, Joy of every longing heart.

3. Born thy people to deliver,Born a child and yet a king,Born to reign in us for ever,Now thy gracious kingdom bring.

4. By thine own eternal Spirit Rule in all our hearts alone; By thine all-sufficient merit Raise us to thy glorious throne.

STUTTGART Charles Wesley, 1707-88 Public Domain

### Please be seated

### The Lord's Prayer

Our Father, which art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy will be done, in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil. **Amen**.

### The Collect

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name: through Christ our Lord. Amen.

# The Great Commandments

Our Lord Jesus Christ said: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and greatest commandment.

The second is like unto it: Thou shalt love thy neighbour as thyself.

On these two commandments hang all the law and the prophets.

# Lord, have mercy upon us, and write all thy law in our hearts we beseech thee.

### **Collect For Advent Sunday**

Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Ghost, one God, now and for ever. **Amen.** 

## For The Epistle

Isaiah 40:9-11

<sup>9</sup> You who bring good news to Zion, go up on a high mountain.
You who bring good news to Jerusalem, lift up your voice with a shout,
lift it up, do not be afraid; say to the towns of Judah, 'Here is your God!'
<sup>10</sup> See, the Sovereign Lord comes with power, and he rules with a mighty arm.
See, his reward is with him, and his recompense accompanies him.
<sup>11</sup> He tends his flock like a shepherd: he gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young.

# The Gospel

### Please stand for the Gospel

The Holy Gospel is written in the 10th chapter of the Gospel according to St John beginning at the 11th verse.

#### Glory be to thee O Lord.

### John 10:11-18

<sup>11</sup> [Jesus said]: 'I am the good shepherd. The good shepherd lays down his life for the sheep. <sup>12</sup> The hired hand is not the shepherd and does not own the sheep. So when he sees the wolf coming, he abandons the sheep and runs away. Then the wolf attacks the flock and scatters it. <sup>13</sup> The man runs away because he is a hired hand and cares nothing for the sheep.

<sup>14</sup> 'I am the good shepherd; I know my sheep and my sheep know me –
<sup>15</sup> just as the Father knows me and I know the Father – and I lay down my life for the sheep. <sup>16</sup> I have other sheep that are not of this sheepfold. I must bring them also. They too will listen to my voice, and there shall be one flock and one shepherd. <sup>17</sup> The reason my Father loves me is that I lay down my life – only to take it up again. <sup>18</sup> No one takes it from me, but I lay it down of my own accord. I have authority to lay it down and authority to take it up again. This command I received from my Father.'

#### This is the Gospel of the Lord. **Thanks be unto thee, O Lord, for this thy holy gospel.**

Please remain standing for The Creed

### The Nicene Creed

I believe in one God the Father Almighty, maker of heaven and earth, and of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten son of God, begotten of his Father before all worlds, God of God, light of light, very God of very God, Begotten, not made, being of one substance with the Father, by whom all things were made: who for us men, and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the virgin Mary, and was made man. and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord and giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the Prophets. And I believe one Catholic and Apostolic Church\*. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

Please be seated

### Sermon – Rev Roger Bray

The Arrival of our God

1. Why We Need Hope

2. What the Voice of Hope Shouts

3. How we can be Embraced by Hope

#### Please stand

### Hymn The People That In Darkness Walked

 The people that in darkness walked Have seen a glorious light; The light has shined on them who dwelt In death's surrounding night.

2. To hail thee, Sun of righteousness, The gathering nations come: Rejoicing as when reapers bear Their harvest treasures home.

3. To us a child of hope is born,To us a Son is given;Him shall the tribes of earth obey,Him all the hosts of heaven.

4. His name shall be the Prince of Peace, For evermore adored, The Wonderful, the Counsellor, The great and mighty Lord.

5. His power increasing still shall spread, His reign no end shall know: Justice shall guard his throne above And peace abound below.

BANGOR John Morison (1750-1798) and compilers Public Domain

### Please be seated

### Prayers

Let us pray for the whole state of Christ's Church militant here in earth.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks for all men; We humbly beseech thee most mercifully to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity, and godly love.

We beseech thee also to save and defend all Christian Kings, Princes, and Governors; and specially thy Servant Charles our King that under him we may be godly and quietly governed: And grant unto his whole Council, and to all that are put in authority under him, that they may truly and impartially administer justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and Curates, that they may both by their life and doctrine set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. And to all thy people give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succour all them who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen**.

## Exhortation

Dearly beloved in the Lord, ye that mind to come to the holy Communion of the Body and Blood of our Saviour Christ, must consider how Saint Paul exhorteth all persons diligently to try and examine themselves, before they presume to eat of that Bread, and drink of that Cup.

For as the benefit is great, if with a true penitent heart and lively faith we receive that holy Sacrament; (for then we spiritually eat the flesh of Christ, and drink his blood; then we dwell in Christ, and Christ in us; we are one with Christ, and Christ with us;) so is the danger great, if we receive the same unworthily. For then we are guilty of the Body and Blood of Christ our Saviour; we eat and drink our own damnation, not considering the Lord's Body; we kindle God's wrath against us; we provoke him to plague us with divers diseases, and sundry kinds of death\*.

Judge therefore yourselves, brethren, that ye be not judged of the Lord; repent you truly for your sins past; have a lively and stedfast faith in Christ our Saviour; amend your lives, and be in perfect charity with all men; so shall ye be meet partakers of those holy mysteries.

And above all things ye must give most humble and hearty thanks to God, the Father, the Son, and the Holy Ghost, for the redemption of the world by the death and passion of our Saviour Christ, both God and man; who did humble himself, even to the death upon the Cross, for us, miserable sinners, who lay in darkness and the shadow of death; that he might make us the children of God, and exalt us to everlasting life.

And to the end that we should alway remember the exceeding great love of our Master, and only Saviour, Jesus Christ, thus dying for us, and the innumerable benefits which by his precious blood-shedding he hath obtained to us; he hath instituted and ordained holy mysteries, as pledges of his love, and for a continual remembrance of his death, to our great and endless comfort.

\* 1 Corinthians 11.29-30

To him therefore, with the Father and the Holy Ghost, let us give (as we are most bounden) continual thanks; submitting ourselves wholly to his holy will and pleasure, and studying to serve him in true holiness and righteousness all the days of our life. **Amen** 

### Invitation to Communion

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God.

### **Confession and Absolution**

Almighty God, Father of our Lord Jesus Christ, Maker of all things, judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen. Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen**.

### Assurance and Praise

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that travail and are heavy laden, and I will refresh you. *St. Matth. xi. 28*.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *St. John iii. 16* 

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners. *1 Tim. i. 15*.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. *1 St. John ii. 1*.

Lift up your hearts. **We lift them up unto the Lord.** 

Let us give thanks unto our Lord God. **It is meet and right so to do.** 

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. Amen.

# **Prayer of Humble Access**

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

## **Prayer of Consecration**

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood:

Who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat, this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. **Amen** 

#### NOTES ON RECEIVING HOLY COMMUNION

- 1. Communion is received by anyone who has turned in repentance and placed their faith in Jesus Christ as Lord, regardless of denominational affiliation.
- 2. If you wish to take from the common cup, come straight to the rail. If you want an individual cup of wine or juice, then please pick one up at the table in the chancel BEFORE coming to the rail.
- 3. Please feel free to either stand or kneel at the rail.

*The Minister giving bread will say to you.* The Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

*The Minister giving the cup will say to you*. The Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life. Drink this in remembrance that Christ's Blood was shed for thee, and be thankful.

### The Lord's Prayer

Our Father, which art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the kingdom, The power, and the glory, For ever and ever. Amen.

# Thanksgiving Prayer

O Lord and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

### Or this.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee , O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen**.

#### Please stand

Glory to God in the highest and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship thee, we give thee thanks, we praise thee for thy glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, that takest away the sin of the world: have mercy on us. Thou that sittest at the right hand of the Father: receive our prayer. For thou alone art the Holy One; thou alone art the Lord; thou alone art the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### Please be seated

### **Announcements and Welcome**

# Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen**.

Please wait until the ministers leave

Organist: Jessica Lim Singer: Kathryn Harwood

# NOTICES

#### **CITY CARE LUNCH TODAY**

Thank you to everyone who has prayed for, donated to and given their time for today's City Care Lunch, we couldn't do it without you. Please continue to pray throughout the day as we share Jesus' love with our neighbours and invite them to Wednesday night Bible Study and dinner.

### MORNING PRAYER WEDNESDAYS DURING ADVENT

#### 7:30am-8:15am

The NSW Prayer Book Society will be meeting together at St Philip's for Morning Prayer according to the 1662 BCP (Book of Common Prayer) each Wednesday morning during Advent. Commencing next Wednesday 6th December and continuing on 13th and 20th December.

#### GINGERBREAD HOUSE NIGHT

7pm, Friday 8 December at The Garrison Church. A great opportunity to invite friends to make a Gingerbread House in time for Christmas and hear a talk from Emma Collett. \$25 per kit, with proceeds going to City Care Lunch. Places are limited, so register via the QR code below. Ages 7 and over.

#### COMMUNITY CAROLS SUNDAY 10 DECEMBER 4PM AT THE GARRISON

The 8:30am service at St Philip's will be the only other service at Church Hill on Sunday 10 December. We hope you'll join us for Carols and then a b.y.o. picnic on Observatory Hill.

#### **BISHOP'S BIBLE STUDY**

The Bishop's Bible Study is usually held on the 2nd and 4th Thursdays of the month at 10.30am - 12 noon but is in recess until the new year. The next study will be held on 11th of January 2024 at the St Philip's Church Hall and on Zoom as well.

### **Giving** *Taking your place in the life of this church (financially)*

While we don't take a physical collection during our service, if you belong to and benefit from Church Hill, please take your part in contributing financially to the ministry of the church in this city. The most intentional way to give is to give online, using the following banking details.

Account Name: Account No: 810878		rch Hill Anglican erence:	BSB: 032000 Giving + 8:30am		
CURRENT OFFERTORIES					
August 2023:	\$38,195	(Budget \$56,659)			
September 2023:	\$38,316	(Budget \$56,659)			
October 2023:	\$63,849	(Budget: \$56,659)			
YTD 2023:	\$466,682	(YTD Budget: \$56	б,589)		

#### HOPE EXPLORED JANUARY 2024

Over three sessions, Hope Explored presents the life, death and resurrection of Jesus, and provides an opportunity to discover how he fulfils three great longings we all experience: the longing for hope, peace, and purpose.The structure of each session is simple: a short Bible study, a talk and a discussion based on the talk. Sundays 14, 21 and 28 January 2024 12:30pm at St Philip's. Includes lunch.

#### CHURCH HILL SUMMER EVENINGS

Sunday 7 Janaury through to Sunday 28 January, there will be one Combined Evening Service at Church Hill. Held at The Garrison Church at 4:30pm. (Morning services at St Philip's will run as usual.)

#### RIVENDELL 2024 FRIDAY 23 TO SUNDAY 25 FEBRUARY

Registrations are now open for Rivendell 2024 at the Collaroy Centre. Register via the Church Hill Links QR Code.

#### WEEKLY ZOOM PRAYER MEETING

Tuesday morning s 7:30 to 8:10am. Meeting ID: 869 9731 9352 Passcode: 812723

#### CALLING ALL CREATIVES!

Do you consider yourself to be a 'creative'? For example, are you a writer, artist, sculptor, dancer, singer, photographer, poet, composer etc.? We want to invite all the creatives of our church to gather at The Garrison Church at 7pm on Friday 2nd February 2024 to ask how we can be using our gifts in an encouraging way for the mission of the Gospel. More information to come.

#### SERVING OPPORTUNITIES NOVEMBER TO FEBRUARY

With lots of events planned over summer, there are loads of opportunities to serve in a variety of ways. To see a full list of events and tasks that need volunteers, click on the link via the Church Hill Links QR Code below and email Jenny Fendler for more information or to let her know how and when you can

help. jennychurchhillanglican.com

#### THE MARRIAGE COURSE NEW DATES

We have had to postpone the upcoming Marriage Course. We'd love to welcome couples on the next



welcome couples on the next course starting Thursday 1st Feb, concluding 14th March. 6:45-9pm.

# CHURCH HILL LINKS

For all information on the life of our church and city, plus links to forms, ways to give financially and more go to **https://linktr.ee/ churchhillanglican** or scan the QR code. Keep up to date by subscribing to our weekly news email at: **bit.ly/churchhillnews** 



#### **USEFUL INFORMATION**

#### PARKING

Limited visitor parking on the northern side of St Philip's can be accessed from Clarence Street.

Free parking is available on Sundays in the underground car park at No. 1 York Street for swipe card holders. Entry via Clarence Street, from 7:30am to 10:00pm each Sunday. Contact the Church Hill office to order a swipe card.

#### YOUR COMFORT

Our toilets are located in the Parish Hall

#### YOUR BABY

All babies are welcome. There is baby friendly space in the west porch and baby change facilities in the accessible bathroom.

#### IN CASE OF EMERGENCY

Emergency evacuation procedures : Please leave the church in an orderly manner via the south door towards Jamison Street, or as directed by a member of staff. Please see the staff if someone asks you for money, or makes you feel uncomfortable, or if you see an unattended bag.

#### YOUR SAFETY

Church Hill has a No Tolerance approach to any form of domestic and family violence. We are committed to being a church family where people feel safe. If you or someone near you is in a situation of domestic and family violence, we are here to listen, ready to believe you and make ourselves available to support you. Please contact Jenny Fendler or Justin Moffatt. In addition, you can call 1800 RESPECT, a 24/7 telephone service that provides information, counseling and support. All support is confidential.

#### CONTACT DETAILS

3 York Street, Sydney NSW 2000 phone 02 9247 1071 email office@churchhillanglican.com www.churchhillanglican.com http://bit.ly/churchhillnews

#### STAFF

**Rev. Justin Moffatt** Rector 0403 569 502 justin@churchhillanglican.com

Rt. Rev. Rob Forsyth Assistant: St Philip's (Mornings) on leave

**Emma Collett Assistant: Executive** 0413 685 616 emma@churchhillanglican.com

**Rev. Thom Elms** Assistant: Garrison 02 9247 1071 office@churchhillanglican.com

Jenny Fendler **Assistant: Mission** jenny@churchhillanglican.com

**Kathryn Wotton** Assistant: Children's Ministry kat@churchhillanglican.com

Joel Williams **Music Minister** joel@churchhillanglican.com

**David Irving City Care Ministries** david@churchhillanglican.com

**Kylie Stanton Office Administrator** 02 9247 1071 kylie@churchhillanglican.com

#### WARDENS

Malcolm Beard, Grahame Harris and Russell Madden. wardens@churchhillanglican.com

### CHURCH ANGLICAN SYDNEY



@churchhillsyd

f www.facebook.com/churchhill